

A New Way of Life Coming to Stittsville

By Clare Flockton

The minute we started talking to Christine Forget, leasing manager (also known as community builder) for Wellings of Stittsville, we knew something different was about to be discovered. She has over twenty years of experience in the industry and boasts, “our communities are globally awarded and nationally recognized for the concept, value and lifestyle it encourages. We are here for people to realize that right-sizing their lives enables more choice and freedom to do what they love doing.” She adds, “it’s not just about leasing apartments, it’s about building a lifestyle community that embraces an ageless mindset and can set the tone for living the very best version of yourself. The Wellings focuses on wellness and believes in the right to choose how you decide to live your life. At Wellings you have so many choices, so many ways to customize how you live, and we believe it’s the key to living well.”

The Wellings of Stittsville is a new and somewhat unfamiliar concept to active adult living not seen before in Ottawa. This community offers 184 condo-like rental apartments within a club house atmosphere. This design allows for independent and active living. “At Wellings you pay for the services you do want without the added cost of services you don’t. That’s living well at Wellings, where comfort, convenience, choice and value are the keys to a balanced lifestyle. This approach is unique and refreshing”, remarks Christine.

Natalie Tommy, VP Marketing for Nautical Lands Group (Wellings’ parent company) explains, “the success of the model



comes from our (Nautical Lands Group) twenty-five year plus management and development of traditional retirement homes. Wellings is what a lot of our residents were asking for. A community they could thrive in, with health care services that were available, but optional. They didn’t want to own and maintain, but did want to rent in a community that understood the sense of pride that comes from living in your own home. Full kitchens were a must with the freedom to cook for themselves if they wanted, but dinner service so they would have company for the evening meal. They also asked for the ability to design their own social activities, and feel connected to neighbours. In essence we delivered the very model we were asked for, at a price per month that makes sense for most people.” Natalie adds, “we saw and talked to so many people living in retirement residences who were paying for services they didn’t use, and saw a need for the Wellings model in both small town Ontario and the larger urban centres. We are excited that Stittsville will be the first Urban model, and largest Wellings Community to date!”



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Wellings of Stittsville is a rental community that is almost 70% full, and it will open in late 2018. It will feature underground parking, around the clock concierge services, fully equipped fitness studio and a wellness coach. Natalie speaks about the residents, “many of our ‘Wellies’ are active, still travel and some are even talking about starting a band. They are looking for fun, interesting experiences that will enhance the way they are living now.”

The amenities will cater to everyone’s tastes, including: live music, open mic nights, art and sewing groups, cards, sports, and travel opportunities. This community offers Atrium living that you simply must see, with more than 15000 square feet of interior amenities, including: a restaurant, pub, coffee shop, library, spa, tech bar, fitness centre, and billiards. It is a community that brings active adults together, which in turn enables adults 55+ to live a dynamic, engaged, motivated and frankly a fun-filled lifestyle.

“For some of the residents, it really is about new beginnings and exciting opportunities.” remarks Christine.

Wellings of Stittsville will host ‘meet your neighbour’ events leading up to the grand opening later this year. All future tenants are invited to these gatherings so that they are able to meet new friends and socialize before they move in. These events definitely have a focus on fun; there is usually music, wine and lots of laughs. Last year they hosted a golf tournament for the residents and this year a dinner and dance is in the planning stages.

Wellings of Stittsville community builders are passionate and compassionate about delivering customized living solutions that make sense for adults over 55. They are friendly, caring and truly approachable. They listen and strive to make sure that each and every one of their residents are enjoying their best life. **S**

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